

Jubilation!

Jubilation! is the newsletter of Jubilee United Church
40 Underhill Drive * 416-447-6846 * www.jubileeunited.ca

Notes from Norm

I've only got a second...

I don't know how your life works, but if I had to find a single word to describe mine, it would be "Busy". I truly wish that the first word that sprang to mind was "Grateful" or "Thoughtful"; "Bold" or "Brassy"... "Obsequious" or "Clairvoyant" would even be acceptable. And yet, the correct word is definitely "Busy". Busy being a minister, busy being a husband, busy being a father, busy paying taxes, busy making money (to pay those taxes), busy correcting people (I love that part), busy holding my tongue (you can't correct everyone), busy being in a play, busy mentoring new ministers, busy finding new things to do; busy making up for the time away from my family as a result of finding new things to do...

Oh yes, and I like to watch TV.

So, you see, I'm busy.

If you ask how I'm doing, I nearly always reply "Good, but busy". It's what they call a "humble-brag" - I'm complaining about being busy, while also bragging about how fabulous and important I am because everybody needs me... I really should get over myself.

The other day, I received two emails that I am hoping will change my life. (*No, neither was from a Nigerian Prince looking for a place to bank millions of dollars - you can't fool me three times*). One of the emails came from a woman whom I met four years ago when I was asked to officiate at her mother's funeral. The other was from a young woman who attended Jubilee for about a year until she moved out of the area, but still manages to show up three or four times a year.



There was no need in either missive. Neither woman was requesting aid, insight, or information. Both were simply writing to thank me; thank me for the time that I spent with them; thank me for the value of what I said from the pulpit and in person; thank me for being welcoming and understanding, challenging and contemporary. Thank me for being part of Jubilee. In short, both of these women were thanking me for doing my job...

And they have very likely changed my life.

Not because I've never been thanked before - I have been (more times than I deserve). But as I felt a certain joy take hold of me in their affirmation, I realized that I would have missed that joy had they not taken the time to reflect on our interactions, recognize a value, and taken even more time to write a note. I realize that I have been too busy in the last year to write anything other than a cursory "Thanks"... and even then, I tend to text it as "thx" (I don't have the time for all the letters). But both women took the time and made me feel that what I do is of value.

I wonder whose day I could brighten if I but took the time. I wonder what I might share of value, if I took the time to slow down instead of rushing to the next important thing...

I recall Jesus meeting the Samaritan woman at the well and being talked into staying for a couple more days with her and her friends to talk about God. Surely, the Son of Man, the "Light that has come into the Darkness", was a busy fellow. Not too busy to spend a couple of days with new friends. Surely, the "Lamb of God who takes away the Sin of the World" could have grabbed some take-out

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and eaten on the road instead of stopping at Zaccheus' house for lunch... but apparently that part of the Trinity wasn't too busy to stop and make time for the little Tax Collector...

Jesus seems to take a fair bit of time... time to grab a nap on a boat; time to stroll along the beach and across the water; time to consider the lilies; time to go to a parade (on Palm Sunday anyway). Maybe it's time for me to take a little time. Unstructured – not in transit – just as it is... Time. Thanks to my friends who took the time to write to me. I am inspired to begin from Easter to take time... every day. I will keep my schedule clear and watch the birds cluster in my backyard... I will take some time and admire my wife's neck... chew more slowly and enjoy the taste of perch this summer... Take some time to breathe slowly and easily... Take time to be grateful for my life and the wonders all around and through it... I need a little time to consider the lilies... and sunsets...the taste of fresh apples, wild blueberries... French fries with gravy (hey, this is about taking time not nutrition).

I am, even now, breathing more slowly as I plan to sit in my back yard and contemplate the wit of Raymond Chandler and S.J. Perleman (who says I ain't cultured?); the grace and power of Duke Ellington's music, and the silliness of "Pooch Cafe".

I might even get out some note paper and send a note or two, to people in my life who make me smile; give shape and inspiration to my life.

And I am willing to bet, that as the summer goes on, I will find my life slowing... changing... and I'll discover that I'm not alone... I suspect that I will slow down enough to recognize the one who sits beside me when I take the time to just sit... The one who is always with me (it's just that I've been too busy to notice).

So, that's my plan for this summer...

I trust you have plans, too. I hope that they will include lots of "time"... and I pray that you take your time. And, if you get a chance, send me a note and let me know how you're doing.

God Bless You.
Time and Time again,

Norm



The United Church of Canada has completed a **COMPREHENSIVE REVIEW** of almost everything that it means to be Church.

People from all across the country participated in interviews, on-line questionnaires, and open meetings. Jubilee was included in the Interviews and Rev. Seli also participated in the process in several different forums. As a result of the data collected, a report has been made with a variety of recommendations that will be considered at the next gathering of General Council in the summer of 2015. You can review the process and the work of the Comprehensive Review Committee on-line at: www.united-church.ca/general-council/gc41/comp-review

You can also read the recommendations in a document called "Fishing on the Other Side", at: www.united-church.ca/files/general-council/gc41/comp-review/crtg_fishing.pdf

This report is only a series of recommendations. It will be up to the wisdom of our next General Council to decide what recommendations will be taken, what the time line and process for the change will be. Your comments will continue to be welcomed. Whatever happens, it appears that there will be changes in how we "do church". Some of the recommendations include more individual autonomy for congregations; less hands on guidance by Regional and National bodies; an emphasis on the National Church focussing on a brand for the United Church of Canada and a way of communicating our values, as congregations focus on their own public witness and community action; a supportive association of clergy and leaders, with a regional church providing experts as required and requested by congregations to deal with specific issues relevant to their context. Some people are cheering this report; others are outraged. Take some time and have a look for yourself... and if there is interest, perhaps a couple of evenings of conversation at Jubilee in the fall might be in order. For now, know that our church is dynamic, changing, and adapting to an ever-changing world... even as we share values, lessons, and love that are timeless.

Dear Lee-Ann,

Thank you for everything you have done for us over the years. We love you and will miss you so much.

*Love,
your DZ Kids and the Youth Group.*

Jubilee UCW

Uniting women of the congregation for the total mission of the church and providing a medium through which they may express their loyalty and devotion to Jesus Christ in Christian witness, study, fellowship, and service.



What We Do

Jubilee UCW is open to all women of the congregation. Our units represent a variety of ages and interests. We enjoy our unit gatherings and the opportunity for spiritual enrichment. We support each other and are active in church and community events. In the fall we sell cranberries and throughout the year we sell Empire Cheese. These fundraising endeavours, as well as our unit donations, allow us to support Outreach Programs in our neighbourhood and the wider community. We financially support the United Church Mission and Service Fund and the Jubilee United Church General Fund.

Membership

Jubilee has five active and involved units which continue to meet, either monthly or as able, from October to June.

Bethsdans: Afternoons, every other month

Esther: Afternoons, as able

Night Owls: 1st Tuesday at 7:30

Rachel: 1st Monday at 6:00 for dinner

Sarah's Circle: 3rd Tuesday at 7:30

UCW Executive

President – Mary Kalanda Treasurer – Fran Crabe

Unit Representatives

Sandra Beech Marianne Bride
Elizabeth Fletcher Barbara Rutherford
Cathy Smyth Roma Watson

Call the church office at 416-447-6846 to get connected with a group!



Campers Wanted

Vacation Bible School

2014

"The Pirates Who Don't Do Anything"

<http://www.youtube.com/watch?v=XaWU1CmrJNc>

JULY 7 - 11

Registration Forms and Volunteer Application Forms are available through the office, or on our website www.jubileeunited.ca. See Captain Jo (Camp Director) if you are interested in volunteering for this year's camp.

Jubilee ArtCraft

Friday, November 7th 12 – 7pm

Saturday, November 8th 10am – 4pm

An Annual Sensation, Celebration and Sale

featuring unique hand crafted treasures: clothing, jewelry, pottery, art, photography, baked goods, jams and jellies, and more!

Admission: \$2 (children, free)
Luncheon and Tea Café from Noon Friday
40 Underhill Drive, Don Mills, Ontario
www.jubileeunited.ca

As always, we would like to feature the ever popular jams and jellies, so please consider ArtCraft while doing your preserves this summer.

Once again we will be supporting and featuring Emerging Artisans of the Jubilee community. If you would like to be considered for inclusion in this year's "Emerging Artisans of Jubilee", please be in touch with Nicole Johnston, (nicole.r.johnston@gmail.com) and we will see if we can do it. There is no charge to be included, but it is juried and acceptance will be based on quality and quantity of product as well as balance with the rest of the ArtCraft and space availability.

We hope that you are getting excited about ArtCraft... because we are!



Last Chance to Hear an Organ Recital by Art Wenk

Sunday, the 4th of May at Noon
French Fireworks

An hour-long recital of virtuoso French organ music, with works by Franck, Guilmant, Widor and Vierne, interspersed music by the Baroque composer Clérambault.

Admission free

Join the Senior Choir for its final Sunday with Art

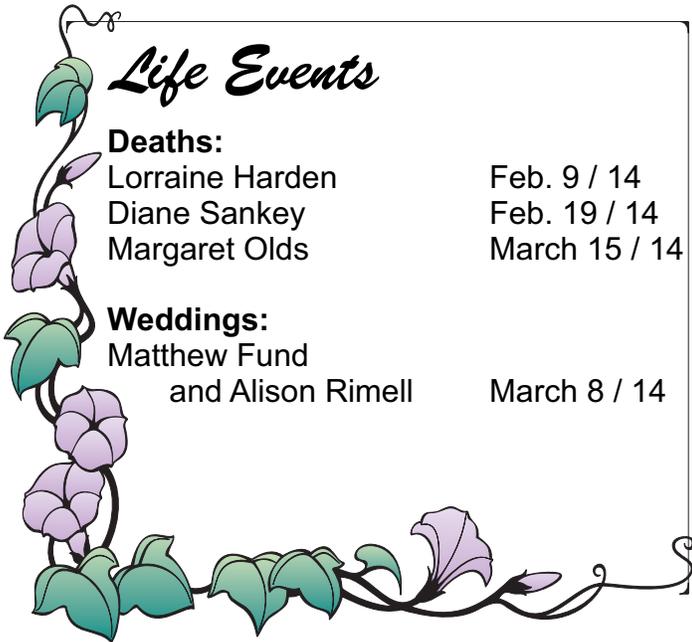
To celebrate its last Sunday with Art, and to provide a send-off for Lee-Ann, on June 29 the senior choir will perform a lively spiritual, "Ain-a That Good News." Anyone interested in joining the choir for this special day is invited to a pot-luck supper on Thursday, June 26, followed by a one-hour rehearsal. For further information, please get in touch with Barbara Greenwood, bgrwood@interlog.com.



Afternoon Social

Everyone is welcome to attend a social afternoon on May 28th at 1:30pm. Join with others to talk, enjoy some music, share communion and have refreshments. We'll look for you.

Ruth



Life Events

Deaths:

Lorraine Harden	Feb. 9 / 14
Diane Sankey	Feb. 19 / 14
Margaret Olds	March 15 / 14

Weddings:

Matthew Fund and Alison Rimell	March 8 / 14
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Annual
Gigantic Garage Sale
Plant Sale, BBQ & Bake Sale

Saturday, May 3, 2014
8:30 am - 1:30 pm

Good for the environment. easy on your wallet!

Back by popular demand, the event to help you with your annual spring clean-up is the Jubilee United Church Gigantic Garage Sale. Time to trim your wardrobe of items seldom used or do not fit; games and toys the kids do not use; books that have been read and reread; sporting equipment not in the sporting agenda anymore; small appliances just gathering dust. Just some of things that you may want to get rid of to downsize your household items. Drop them off at the church on Thursday May 1st or Friday May 2nd for inclusion in the big sale on Saturday May 3rd. If you can help contact Gary Norris at 416-431-0198 or email at norris.gc721@primus.ca.



Jubilee

Annual Picnic Sunday

Coming this June
Stayed tuned for more details
in your church bulletin,
on our website, and
on our facebook page.

Spiritual Practices Classes with Lee-Ann

Our instinct is 'fight or flight' when we're faced with stresses in life, daily conflicts, frustrations, or frenetic and chaotic interactions, or environments. But we don't have to fight, and we don't have to run away, withdraw, and break down our immune systems. There are other ways for us to engage with our stressful lives that can be empowering without furthering the conflict and aggravation, or letting ourselves be de-spirited under difficult circumstances. These strategies model and invite a profound change in our interpersonal relationships, our relationships with ourselves and with our bodies. I refer to spiritual practices. Spiritual practices can assist us with personal empowerment, and with enhanced mental and physical health. Mindfulness, and meditation practices in particular, have been getting a lot of academic attention these days. In a recent article in U of T Magazine titled *The Science of Mindfulness*, Cynthia Macdonald writes, "Researchers are producing mountains of evidence that meditation can boost satisfaction, improve health, and reduce burnout in fields ranging from business, to social work, to education." (Thank you to Marianne Bride for sharing this article.)

A Psyblog article titled, *Meditation Benefits: 10 Ways it Helps Your Mind*, noted the following benefits:

1. Lasting emotional control.
2. Cultivates compassion.
3. Changes brain structures.
4. Reduces pain.
5. Accelerates cognition.
6. Enhances creativity.
7. Sharpens concentration.
8. Improves multi-tasking.
9. Reduces anxiety.
10. Fights depression.

<http://www.spring.org.uk/2013/11/10-remarkable-ways-meditation-helps-your-mind.php>

Each of these benefits is cited with research that highlights the practice of relaxing the body, quieting the mind, focusing attention, and deepening present state awareness. It's rather simple really, but it's not easy at first. The practices . . . take practice . . . so it's helpful to have some guidance for a period of time until you, and your body, get the hang of it.

How does this fit with our Christian tradition, you may ask? . . . Meditation is a universal spiritual wisdom and a practice that we find at the core of all the great religious traditions, leading from the mind to the heart. It is a way of simplicity, silence, and stillness. It can be practiced by anyone from wherever you are on your life's journey. It is only necessary to be clear about the practice and then to begin – and keep on beginning.

In Christianity, this tradition became marginalized and even forgotten or suspect. But in recent times, a great recovery of the contemplative dimension of Christian faith has been happening. Central to this now is the rediscovery of a practice of meditation in the Christian tradition that comes to us from the early Christian monks – the Desert Fathers and Mothers – and allows us to put into practice the teaching of Jesus on prayer in a radical and simple way.

The World Community of Christian Meditation <http://www.wccm.org/content/what-meditation>

During the season of Lent, I introduced a variety of spiritual practices in our worship services as a 'sampler'. I called it Spiritual Practices 101. This was what one congregation member said of the experience: *I never realized the profound power of meditation. Any prior interest I may have had in it was doused by common Christian misperceptions that it would somehow open me to spiritual corruption or that it was inherently anti-Christian. However, after a positive experience with Lee Ann's direction, I began to explore meditation in my own spiritual practice and have experienced a profound deepening of my 'prayer' time as a result. I was often hindered by the words necessary in prayer, but with meditation, this burden is lifted. So far, my journey into meditation has helped me to become more aware of what I bring to prayer, and to become more aware of the ways that the divine in me, and in the world around me is teaching and leading me. My sleep and stress levels have also been positively impacted. Thank you, Lee Ann, for the introduction to such a transformative gift!*

I will be offering further teaching on Spiritual practices this Spring for those who would like to learn more and develop their own practice. I hope you will consider joining us for Spiritual Practices 201, Thursdays in June - 5, 12, 19 & 26 at 3:00-4:00pm or 6:00-7:00pm in the Library. Let me know if you will be joining us. leeann.ac@jubileeunited.ca



ADVANCE NOTICE FALL BRIDGE DAY

Mark your calendars for a day
with
Audrey Grant.
November 14, 2014.

"Bridge at Jubilee has had another successful season with Tuesday morning sessions running from early January into April, (with approximately 25 people each day) and a full lesson/play day with Barbara Seagram on April 11th (128 registrants).

A spring/summer session of duplicate bridge games is being held on Tuesday mornings. It is anticipated that there will be four to six tables of friendly relaxed bridge. Play is in the auditorium from 9:15 to 11:30 each Tuesday. Call Lyle at (416) 444-4607 or Dick Patrick (416) 449-4731 if you are interested.

Jubilee United Church Annual Meeting

March, 2014

At our Annual meeting in March, we asked people to write down things that should be celebrated as we look back at 2013. The responses included:

Community Table * Carols by Candlelight * Christmas Carols outside * Music on Sundays * The Affirming Service * Giving out Hats, Mittens, Scarves and Backpacks to the Homeless * Being Welcomed as a new family to Jubilee * Godspell * Easter Services * Christmas Pies * Norm sitting on the ground in the hall to talk to a little girl * Radio Plays * Soup Lunches * Lee-Ann * Vacation Bible School * Cabaret Show * Guest Preachers * Bible Study * Variety of Music * Growing Outreach * Response to International Disasters * Prayers that connect to here and now * Arden and the Tourist Dance * Definitely NOT Church * The fellowship of UCW * Being Baptised * Organ Concerts * Sunday Soloists * Ulterior Worship * Warm greetings * Bereavement Support * The Jubilants * Rev. Norm's VBlog "What did you miss @Jubilee this week" * Inspirational Funerals * So many volunteers * Great Sermons * Alistair Hoy "Pay it Forward" Blood Drive * Board Games * Pageants * Walking Group * The Process of becoming Affirming * Living the Questions Discussion Group * Church Dinners * Never know what's going to happen on Sunday * Square Dance * Youth Group * Meditation Group * Labyrinth * Easter "Son" Rise service * Norm's Humour * Time and space to heal * Being Respected * O Holy Night * Corn Roast * Confirmation Class * Lee-Ann's stories * ArtCraft * Jesus' Baptism Sunday * Christmas Dessert Auction * Art's Musicianship * New Choir members * Christ the King Sunday * Weekday activities * Friendly faces in the office * Blue Mugs for New Comers * Bridge * Maundy Thursday * Real Friendships * Feeling like an "old friend" in a new place * So much variety * Marilyn Munroe Play * Garage Sale * Generosity of Congregation * Excellent Financial performance and Management (it matters!) * Lots of Laughter * Deep Sermons * Love and Forgiveness * Lee-Ann's delightful way with young people * Barb Secord – here, there, and everywhere * Music * Toronto Choristers in Concert * Working with others * Pastoral Care visits and phone calls * Coffee * Honest and clear Financial Report * Sense of Community * Norm's care * Alison and Marie performing Bach with flute and voice * Having input into Hymn Selection * Church Signs * Christ Candle

It should also be noted that all of the above were mentioned more than once – some were mentioned over 20 times each. As you look over the list, you may begin to get a sense of life at Jubilee. If you haven't already, take a moment and ask yourself what some of the highlights of the past year might be. In considering the highlights of a past year, we begin to see our priorities and values emerge. Jubilee is diverse, active, musical, and called to bring people together.

But we didn't just recount our past. People were also asked to wonder "Why did Jubilee matter to the community in 2013?" Here are some of the responses:

We became publicly welcoming to the LGBT community * We connected people with our enthusiastic welcome and variety of programs * We made God less intimidating and more accessible * We fed hungry people * We inspired people to love more boldly * We showed respect for the whole community * We challenged assumptions * We welcomed and included strangers * We were a place to meet, to share gifts, to practice and learn * Provided me a place to belong * Jubilee helps to keep the arts and music alive * People felt valued * We talked about God * Made old stories modern and relevant * Created a safe place to grow * Bible study is so inspiring * Young people were introduced to the history and elements of Faith * We provide community * We pour our hearts out into living God's will * Love and Support through times of hardship * Showed that Worship isn't just one thing * We are an anchor in a stormy world * Help those in need * Inspired people * My Faith was renewed * We are a Community Church, welcoming and including all who come to our door * Jubilee affords us a vehicle to discuss, pray, and educate ourselves and others * A strong voice in the community * We provide a safe place for so many * Practical advice and insight for the real world * Many of us would not survive without the compassionate support of Jubilee * Visible but not "pushy" in the Community * We were there for the bullied * Home away from Home * We matter to the Youth at Eva's Place * We mattered to all the homeless who received gifts of warmth and love from our Young People * We pray for all of Creation * I met God at Jubilee – and that matters!

With all of that in mind, we can say with confidence that...

Jubilee United Church is a deep and diverse collection of individuals brought together and inspired by God to journey, welcome, and share God's love with the world.

We believe that we are called to pursue excellence and share with the community varied and eclectic expressions of music and artistic performance; we affirm what we have accomplished with The Order of Good Cheer, Concerts, Definitely NOT Church, as well as providing time and space for other groups to strive artistically.

We pride ourselves on our accomplishments in Education: Lecture Series; Study Groups; Vacation Bible School. We believe that God calls us to continue, but also to dig deeper and share more about the traditions, mission, and heart of the United Church of Canada.

We believe that we are called to be an open and welcoming community, connecting people to God and to each other. In following Jesus' example of love, welcome and inclusivity, we are an Affirming Ministry, welcoming and intentionally including all people from the Lesbian, Gay, Bisexual and Transgendered (LGBT) communities. We strive to be welcoming to others who have discovered barriers to a full experience of life in Church Community. We are inspired to train and find better practices for our whole congregation in welcoming and including others.

We know that God calls us to act in the world with love and we feel a particular call to act in our local community. We feel called to invite the Community to gather safely and joyously, to share resource, ideas, and companionship. We support a Community Table at which all can gather and recognize God's love revealed in others.

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We are blessed with strong leadership throughout our congregation and believe that this presents us with a unique opportunity to train and mentor other leaders in our community, and to assist our Youth in becoming strong leaders.

We value our Children and Youth and recognize that we have the opportunity to engage with them, support them, and invite their participation and wisdom in all aspects of our church life, growing with them as they grow with us.

As we respond to God's call, we recognize the need to talk openly and frankly about all the gifts that we share including time, talents, and money and to engage in true Stewardship that connects every one of us to Jesus' call to be the Kingdom of God.

This is the vision that came from the collective efforts of all those who attended our Annual Meeting. This is the vision that will guide our Council and Congregation for the next year as we work together to share the love of God and the ministry of Jesus Christ in our world.

Jubilee Medieval Dinner 2014!

A picture's worth a thousand words... consider this a 9,000 word report!



That was a lot fun...

Thanks to everyone who made it so.

What about Worship This Summer?

LOOK WHO'S TALKING.

This summer promises to be an exciting time of worship in the life of Jubilee, as Ulterior Worship will continue and some new voices and old friends will be in the pulpit. Some of the our old friends include Maya Braithwaite, who has discerned a call to Ordained Ministry and shared her gift of preaching with us last summer. Our own Greg Daly will take the pulpit to share his insight, compassion, and enthusiasm for the Gospel and many ways that God works in our lives. Greg has completed a year of studies at Emmanuel College and is currently in formal discernment with Jubilee and Toronto Southeast Presbytery to determine the full extent and nature of his call to Ministry in the United Church of Canada. We will have another guest or two during the summer, but we like to keep you guessing... So you may have to come out to find out who will be in our pulpit! Whoever it may be, you know that it will be a fruitful time of engagement with the Word and Love of God.

At present the schedule is as follows:

Sunday, July 6, 10:30 am	Rev. Seli
Sunday, July 13, 10:30 am	Rev. Seli
Monday, July 14 – Ulterior Worship, 8:35 pm	Rev. Seli
Sunday, July 20, 10:30 am	Greg Daly
Sunday, July 27, 10:30 am	GUEST tbd
Monday, July 28 – Ulterior Worship, 8:35 pm	Rev. Seli
Sunday, August 3, 10:30am	Rev. Seli
Sunday, August 10, 10:30 am	Rev. Seli
Monday, August 11, Ulterior 8:35 pm	Rev. Seli
Sunday, August 17, 10:30 am	Maya Brathwaite
Sunday, August 24, 10:30 am	Rev. Seli
Monday, August 25 – Ulterior Worship, 8:35pm	Rev. Seli
Sunday, August 31, 10:30 am	GUEST tbd

We hope to include you in Worship – but even if you're not with us, please know that you will be included in our prayers.

Sure is going to be different in September!

From Mark's Gospel, chapter 9:

2 Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, 3 and his clothes became dazzling white, such as no one on earth could bleach them. 4 And there appeared to them Elijah with Moses, who were talking with Jesus. 5 Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah." 6 He did not know what to say, for they were terrified. 7 Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!" 8 Suddenly when they looked around, they saw no one with them any more, but only Jesus.

Have you ever had everything so good that you just want to stop time? Standing on the edge of the Grand Canyon, hiking the Bruce Trail, a family dinner where the food and company just seem to feed your soul. It's been like that for me for the past 9 years. For almost a decade, I have been privileged to work with the immense talents, the incredible generosity, and unbelievable inspiration of Art Wenk and Lee-Ann Ahlstrom. I feel a little like Peter in the story of the Transfiguration that I quoted above... Upon seeing Jesus and Moses and Elijah, feeling so privileged and close to God, he just wants to make time stand still...

"I'll build little houses for each of you..."

And we'll stay here, just like this... forever..." (Or something like that).

In the past few months as I've prepared for my friends to leave leadership at Jubilee, I've had an overwhelming desire to cry out, "I'll build little houses for you... I'll get trailers... whatever it takes to get you to stay here, so that it can always be wonderful..."

And yet... Peter did not get his wish, and neither will I.

Peter did, however, discover a remarkable ministry even as his "moment of glory" passed; he lived out the inspiration of that time on the mountain with Jesus, Moses, and Elijah, and he went to laugh and cry, create and discover things far beyond what he would have experienced in a sustained moment in time. I believe that the same will happen for me... and for all of us at Jubilee. As much as we would like to keep things the same, we are invited to build on the wonderful gifts imparted to us by Art and Lee-Ann and begin to imagine the adventures, laughter, ministry, and love that lies ahead of us... even as we are inspired by our glorious 9 year moment forever.

I look forward to moving into a future with you – a future made possible by the love and ministry of our dear friends, Lee-Ann and Art.



Norm